

KIDS OF EXCELLENCE

MONTHLY NEWSLETTER



Dear Families,

We are thrilled to host another family event this month. **Please join us for our Harvest Fest, Monday 10/31 from 2:00 pm- 4:00 pm!** We are bringing back our annual Harvest Fest, a KOE tradition that joins students, staff, and families together for a day of fun. We will provide more details in a separate announcement. Students may dress up in their Halloween costumes.

The event will be outdoors, and a mask and a vaccine card will be required, either a physical card or LA Wallet.

Reminders:

Please sign your handbook acknowledgment page no later than Monday, 10/10/2022.

IMPORTANT DATES:

SPIRIT WEEK

24TH - 31ST

HARVEST FEST

31ST

FAMILY AND HOME

AT HOME ACTIVITIES

Dear Parents,

This month we will be learning about "Family and Home." During this theme, we are going to discuss what it means to be a part of a family and community. Your child will learn that all families look different, but family is family no matter what.

This month we will be learning "All About Me." During this theme, we are going to engage in a lot of projects that will help us get to know each other better. We will talk about our similarities as well as our differences. Not only do we all look different, but we also have different interests. We will learn about our bodies, our thoughts, and our feelings. We will be asking for family input throughout the next weeks in order to know our families better as well.

Week 1: My Relatives- Immediate Family

- Week 2: My Relatives- Extended Family
- Week 3: Pets
- Week 4: My Community- Community Helpers

At the end of this theme, the children will have the vocabulary of their family units immediate and distant, describe family make-up, learn to identify different types of homes in which families live, and discuss how community helpers are a benefit to the community.

At home you can:

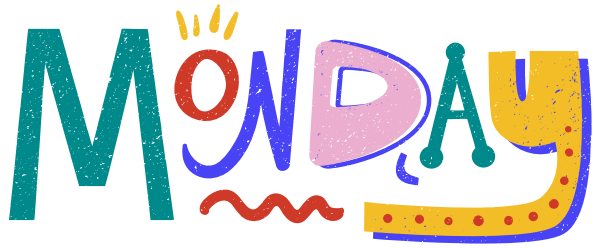
- Create a family tree collage for your child to share.
- Read books to your child about families.
- Talk with your child about the things he/she likes to do at home or at a relative's house.
- Allow your child to help around the house by assigning individual tasks.
- Talk about community helpers in your neighborhood.
- Look for emergency vehicles on your next drive.

spirit WEEK

Monday, 10/24-

Monday, 10/31





MONDAY

Mix Up: Twin Day/ Opposite Day



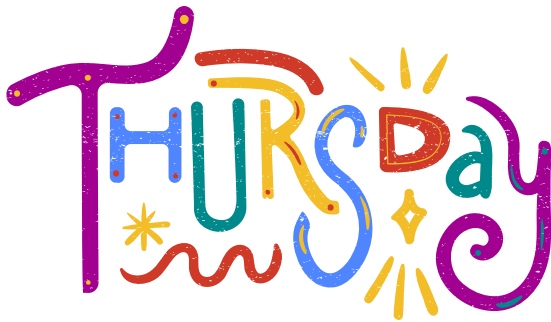
TUESDAY

Ball Up: Sports Attire Day!



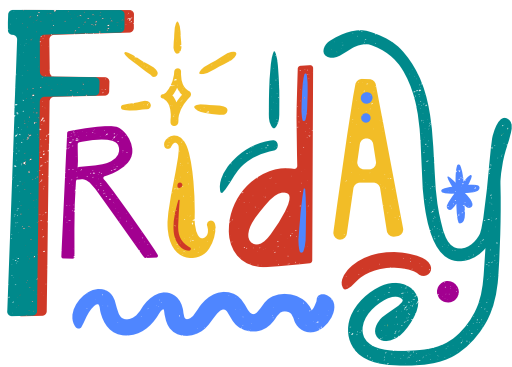
WEDNESDAY

Grown Up: Dress like the Elderly Day!



THURSDAY

Celebrity Look- Alike Day



FRIDAY

Pink Friday: Wear Pink to Support Breast Cancer Survivors & Warriors



MONDAY

Costume Day: Wear your costume!

OCTOBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31 HARVEST FEST 2PM- 4PM	1	2	3	4	5

SPIRIT WEEK 10/24- 10/31

October 2022 Food Calendar



Mon	Tue	Wed	Thu	Fri
<p>3.</p> <p><i>Cheerios, Apples, Milk Smothered Chops, Brown Rice, Mixed Vegetables, Whole Wheat Bread, Pineapples, Milk Wheat Thins, Raspberries, Water</i></p>	<p>4.</p> <p><i>French Toast Sticks, Bananas, Milk Meatballs & Spaghetti, Toss Salad, Whole Wheat Bread, Cantaloupe, Milk Pretzels, Peaches, Water</i></p>	<p>5.</p> <p><i>Oatmeal, Raspberries, Milk Beef Roast, Brown Rice, Seasoned Peas, Mixed Fruit, Whole Wheat Bread, Milk Cheez Its, Oranges, Water</i></p>	<p>6.</p> <p><i>Sausage Pattie & Toast Bread, Blueberries, Milk Red Beans w/ Turkey Sausage, Brown Rice, Caesar Salad, Whole Wheat Bread, Oranges, Milk Veggie Sticks, Apples, Water</i></p>	<p>7.</p> <p><i>Waffles, Oranges, Milk Jambalaya, w/ Turkey Sausage, Corn, Melon, Whole Wheat Bread, Milk Chex Mix, Strawberries, Water</i></p>
<p>10.</p> <p><i>Pancakes, Oranges, Milk Shrimp Pasta, Garden Salad, Melons, Whole Wheat Bread, Milk Animal Crackers, Strawberries, Water</i></p>	<p>11.</p> <p><i>Cheerios, Apples, Milk Baked Chicken, Yellow Rice, Green Beans, Whole Wheat Bread, Strawberries, Milk Raisin Bread, Apples, Water</i></p>	<p>12.</p> <p><i>French Toast Sticks, Strawberries, Milk Baked Fish, Mashed Potatoes, Garden Salad, Fruit Cocktail, Whole Wheat Bread, Milk Graham Cracker, Oranges, Water</i></p>	<p>13.</p> <p><i>Grits, Melons, Milk Jambalaya, w/ Turkey Sausage, Corn, Cantaloupe, Whole Wheat Bread, Milk Jelly Sandwich, Strawberries, Water</i></p>	<p>14.</p> <p><i>Biscuits, Eggs, Blueberries, Milk Smothered Hamburgers, Brown Rice, Broccoli, Whole Wheat Bread, Pineapples, Milk Cheese Crackers, Blueberries, Water</i></p>
<p>17.</p> <p><i>Cheerios, Strawberries, Milk Shrimp Stew, Brown Rice, Garden Salad, Melon, Whole Wheat Bread, Milk Nutri Gran Bar, Blackberries, Water</i></p>	<p>18.</p> <p><i>Waffles, Blueberries, Milk Smothered Hamburgers, Mashed Potatoes, Broccoli, Whole Wheat Bread, Pineapples, Milk Pretzels, Blueberries, Water</i></p>	<p>19.</p> <p><i>Oatmeal, Bananas, Milk Pork & Beans w/ Turkey Sausage, Caesar Salad, Whole Wheat Bread, Cantaloupe, Milk, Wheat Thins, Apples, Water</i></p>	<p>20.</p> <p><i>Pancakes, Red Apples, Milk Spaghetti Lasagna, Corn, Whole Wheat Bread, Oranges, Milk Cheese Its, Melon, Water</i></p>	<p>21.</p> <p><i>Grits, Strawberries, Milk Crawfish Pasta, Caesar Salad, Whole Wheat Bread, Green Apples, Milk Graham Crackers, Raspberries, Water</i></p>
<p>24.</p> <p><i>Eggs, Toast, Oranges, Milk Baked Salmon, Macaroni & Cheese, Garden Salad, Melons, Whole Wheat Bread, Milk Veggie Sticks, Oranges, Water</i></p>	<p>25.</p> <p><i>French Toast Sticks, Melons, Milk Salisbury Steak, Mashed Potatoes, Corn, Whole Wheat Bread, Cantaloupe, Milk Animal Crackers, Red Apples, Water</i></p>	<p>26.</p> <p><i>Cheerios, Bananas, Milk Baked Ham, Dirty Rice, Green Peas, Pineapples, Whole Wheat Bread, Milk Chex Mis, Strawberries, Water</i></p>	<p>27.</p> <p><i>Oatmeal, Raspberries, Milk White Beans w/ Turkey Sausage, Brown Rice, Caesar Salad, Whole Wheat Bread, Apples, Milk Raisin Bread Blackberries, Water</i></p>	<p>28.</p> <p><i>Waffles, Apples, Milk Barbecue Chicken, Yellow Rice, Mixed Vegetables, Pineapples, Whole Wheat Bread, Milk Grilled Cheese Sandwich. Strawberries, Water</i></p>
<p>31.</p> <p><i>Cheerios, Bananas, Milk Chicken Pasta, Toss Salad, Whole Wheat Bread, Oranges, Milk Cheese Crackers, Blackberries, Water</i></p>				