

# KIDS OF EXCELLENCE

MONTHLY NEWSLETTER



## WELCOME BACK TO SCHOOL



IMPORTANT DATES:

LABOR DAY- NO SCHOOL

5 TH

RETURN TO SCHOOL

6 TH

PARENT HANDBOOK DISTRIBUTION- ELECTRONICALLY

23 RD

Dear Families,

We are excited to welcome you back to school for the 2022-2023 year! This school year we plan to gradually get back to normal and continue the strong community we have fostered through the years with our families.

Grand PARENTS



**Upcoming Events:**

**Grand Parents Day-** We are thrilled to welcome our grandparents back to the center, that's right, Grand Parents Day is BACK! **Monday, September 12th, 9:30 am-10:30 am**, we will host our grandparents for breakfast and a fun activity with their grandkids. The event will be outdoors, mask and a vaccine card will be required, either a physical card or LA Wallet.

## NURSERY RHYMES

Dear Parents,

This month we will be learning “All About Me.” During this theme, we are going to engage in a lot of projects that will help us get to know each other better. We will talk about our similarities as well as our differences. Not only do we all look different, but we also have different interests. We will learn about our bodies, our thoughts, and our feelings. We will be asking for family input throughout the next weeks in order to know our families better as well.

- Week 1: My Face
- Week 2: My Senses
- Week 3: Arms, Hands, and Fingers
- Week 4: Legs, Feet, and Toes

At the end of this theme, the children will have developed a vocabulary of their body parts and learned to identify the location of body parts, investigate the functions of each feature, use their five senses to identify objects, and identify how people use their bodies to show feelings and emotions such as happiness, sad, and mad.

## AT HOME ACTIVITIES

**At home you can:**

- Encourage your child to draw your family and talk about the drawings. Encourage students to express the portrait in their own way, a drawing, a painting, a structure, a scribble, etc.
- Talk with your child(ren) about their family history and/or have your child ask a family member to share something he/she remembers from childhood that made him/her happy.
- Look at family photos with your child, and discuss how people in your family changed as they grew.
- Encourage your child to talk about his/her favorite things.

*Grand*  
PARENTS  
I LOVE YOU

**GRANDPARENTS DAY 2022**  
**SEPTEMBER 12 9:30AM- 10:30AM**



THE AIM OF GRANDPARENTS' DAY IS TO HONOR OUR GRANDPARENTS AND THE VALUE THEY BRING TO OUR LITTLE ONES LIVES.

PLEASE COMPLETE THE ATTACHED JOTFORM BY TUESDAY, SEPTEMBER 6TH TO CONFIRM YOUR GRANDPARENT(S) PARTICIPATION.

# SEPTEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
4	5 <b>No School Labor Day</b>	6	7	8	9	10
11	12 <b>Grandparents Day 9:30am- 10:30am</b>	13	14	15	16	17
18	19	20	21	22	23 <b>Parent Handbook Distribution</b>	24
25	26	27	28	29	30	1



# September 2022 Food Calendar



**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

			<p>1.  <i>Cheerios, Oranges, Milk            Baked Chicken, Yellow Rice,            Seasoned Corn, Whole Wheat            Bread, Strawberries, Milk            Raisin Bread, Apples, Water</i></p>	<p>2.  <i>Pancakes, Strawberries, Milk            Baked Fish, Mashed            Potatoes, Garden Salad, Fruit            Cocktail, Whole Wheat            Bread, Milk            Animal Crackers, Oranges,            Water</i></p>
<p>5.  <b><i>CLOSED</i></b></p>	<p>6.  <i>Biscuits, Eggs, Oranges, Milk            Shrimp Pasta, Garden Salad,            Melons, Whole Wheat Bread, Milk            Jelly Sandwich, Strawberries,            Water</i></p>	<p>7.  <i>Grits, Apples, Milk            Smothered Chops, Brown Rice,            Mixed Vegetables, Whole Wheat            Bread, Pineapples, Milk            Wheat Thins, Raspberries, Water</i></p>	<p>8.  <i>French Toast Sticks,            Bananas, Milk            Meatballs &amp; Spaghetti, Toss            Salad, Whole Wheat Bread,            Cantaloupe, Milk            Pretzels, Peaches, Water</i></p>	<p>9.  <i>Cheerios, Raspberries, Milk            Beef Roast, Brown Rice,            Seasoned Peas, Mixed Fruit,            Whole Wheat Bread, Milk            Cheez Its, Oranges,            Water</i></p>
<p>12.  <i>Sausage Pattie &amp; Toast Bread,            Blueberries, Milk            Red Beans w/ Turkey Sausage,            Brown Rice, Caesar Salad,            Whole Wheat Bread, Oranges,            Milk            Veggie Sticks, Oranges, Water</i></p>	<p>13  <i>.Oatmeal, Strawberries, Milk            Crawfish Pasta, Toss Salad,            Whole Wheat Bread,            Green Apples, Milk            Graham Crackers, Berries, Water</i></p>	<p>14.  <i>Waffles, Blueberries, Milk            Jambalaya, w/ Turkey Sausage,            Corn, Cantaloupe,            Whole Wheat Bread, Milk            Chex Mix, Apples, Water</i></p>	<p>15.  <i>Pancakes, Oranges, Milk,            Chicken Teriyaki, Rice            Pilaf, Cabbage, Tropical            Fruit Salad, Whole Wheat            Bread, Milk            Turkey Sandwiches, Melons,</i></p>	<p>16.  <i>French Toast, Blueberries, Milk            Smothered Hamburgers,            Mashed Potatoes, Broccoli,            Whole Wheat Bread,            Pineapples, Milk            Cheese Crackers, Blueberries,            Water</i></p>
<p>19.  <i>Cheerios, Strawberries, Milk            Shrimp Stew, Brown Rice,            Garden Salad, Cantaloupe,            Whole Wheat Bread, Milk            Animal Crackers, Blackberries,            Water</i></p>	<p>20.  <i>Eggs, Toast, Oranges, Milk            Baked Salmon, Macaroni &amp;            Cheese, Garden Salad, Melons, Whole            Wheat Bread, Milk            Nutri Gran Bar, Oranges,            Water</i></p>	<p>21.  <i>Waffles, Apples, Milk            Barbecue Chicken, Yellow Rice,            Mixed Vegetables, Pineapples,            Whole Wheat Bread, Milk            Grilled Cheese Sandwich.            Strawberries, Water</i></p>	<p>22.  <i>Grits, Bananas, Milk            Pork &amp; Beans w/ Turkey            Sausage, Caesar Salad,            Whole Wheat Bread,            Cantaloupe, Milk,            Cereal Bar, Apples, Water</i></p>	<p>23.  <i>Pancakes, Red Apples, Milk            Spaghetti Lasagna, Toss Salad,            Whole Wheat Bread,            Oranges, Milk            Wheat Thins, Melon, Water</i></p>
<p>26.  <i>Oatmeal, Oranges, Milk            Salisbury Steak, Mashed            Potatoes, Corn, Whole Wheat            Bread, Cantaloupe, Milk            Raisin Bread, Red Apples, Water</i></p>	<p>27.  <i>French Toast Sticks, Bananas, Milk            Brown Gravy Chicken, Dirty Rice,            Green Peas, Pineapples, Whole Wheat            Bread, Milk            Graham Crackers, Strawberries, Water</i></p>	<p>28.  <i>Cheerios, Bananas, Milk            Chicken Pasta, Toss Salad,            Whole Wheat Bread,            Oranges, Milk            Chex Mix, Blackberries, Water</i></p>	<p>29.  <i>Pancakes, Raspberries, Milk            White Beans w/ Turkey Sausage,            Brown Rice, Caesar Salad,            Whole Wheat Bread, Apples, Milk            Cheese Its, Blackberries, Water</i></p>	<p>30  <i>.Grits, Blueberries, Milk            Grilled Fish, Macaroni &amp; Cheese,            Garden Salad,            Melons, Whole Wheat            Bread, Milk            Veggie Straws, Green Apples</i></p>

# Kids of Excellence Franklin & St. Claude | 2022-2023 CALENDAR

1 First Day of School

AUGUST '22						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FEBRUARY '23						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

20-24 Mardi Gras, No School  
27 Return to School

05 Labor Day, No School  
06 Return to School

SEPTEMBER '22						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

MARCH '23						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

7-10 Easter, No School  
11 Return to School

OCTOBER '22						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

APRIL '23						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

21-25 Thanksgiving, No School  
28 Return to School

NOVEMBER '22						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29				

MAY '23						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

26 End of the Year Picnic, No School  
29 Memorial Day, No School  
30 Return to School

23 Half Day  
26-30 Christmas, No School

DECEMBER '22						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

- Holiday, No School
- Half Day
- Teacher PD, No School
- Return to School

02 New Year's, No School  
03 Return to School  
16 M.L. King Day, No School  
17 Return to School

JANUARY '23						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



# KIDS OF EXCELLENCE SICK POLICY

## WHEN IS MY CHILD TOO SICK TO ATTEND THE CENTER?

Each day, each child is observed by the classroom teacher on duty. Signs of a child being contagious or infectious could indicate that the child should not be admitted to the center. Should this occur, the parent will be requested to withhold the child from the center until written medical clearance is obtained from the child's pediatrician. We trust that you will not send your child to a school that is not feeling well or has a contagious disease. We ask parents to keep children at home if they have any of the following symptoms:

- **General**- If a student is sick, the child must be observed in person, by the doctor, it has to be a physical observation; virtual or by phone is not acceptable. Parents can not diagnose their child, they must be diagnosed by a different physician.
- **Vomiting**: Must be free for 24 hours
- **Fever >100.4**: Must be free for 24 hours (without the aid of fever-reducing medications)
- **Diarrhea**: Must be free for 24 hours or the child must be cleared by a doctor's note and his/her stool must be contained in a diaper or the toilet. (Diarrhea is defined as one loose stool that is not contained in the diaper or the toilet or over & above what is normal for that child). This includes diarrhea caused by the use of antibiotics and teething.
- **Unexplained rash**: Doctor's note stating rash is non-contagious.
- **Head lice and/or Scabies**: 24 hours after treatment has begun (bring empty box or receipt) and no nits (eggs) seen in the hair.
- **Chicken Pox**: After blisters have dried up and crusted (usually 6 days) & with a doctor's note.
- **Strep Throat**: After 24 hours of treatment with antibiotics has begun and no fever for 24hr, along with a doctor's note.
- **Ringworm**: Same day treatment starts & with a doctor's note.
- **Impetigo**: 24 hours after treatment with antibiotic ointment begins & doctor's note.
- **Conjunctivitis**: Pink or red eyes accompanied by white or yellow discharge, cannot return until 24 hours after treatment begins with drops/ointment & doctor's note.
- **Pain**: Earache, cramps, headaches, etc. Cannot return until resolved.
- **Excessive and/or green nasal discharge**: The child must be cleared by a doctor's note and discharge must be clear to return. If allergies, it can run green in the morning but shouldn't run all day, i.e. past noon and documentation must be provided.
- **Head, Foot, and Mouth**: Viral illness spread from person to person. Fever and blister-like eruptions in the mouth and/or a skin rash, poor appetite, or sore throat. Cannot return until 10 days with a doctor's note.
- **RSV**: Students should stay home for 8 days. RSV is highly contagious, this infection shuts down the entire classroom.
- **Croup**: The viruses that cause croup can be spread easily through coughing, sneezing, and respiratory secretions (mucus, droplets from coughing, or sneezing). Children with croup should be considered contagious for three days after the illness begins or until the fever is gone.
- **General Sickness**: If a student cannot participate in general activities due to illness or sleepiness, students must be sent home. Students must get proper rest to be able to function.
- **Signs of possible illness**: Lethargic, irritable, persistent coughing/crying, difficulty breathing, excessive sleepiness—can not return until resolved and cleared by a physician's note.
- **Vaccinations**: Any vaccination that a student takes, the student must return 24hrs after vaccination. I.E if a student takes a vaccination at 10 am, they cannot return until the next day.
- **COVID**: If a child is exposed to COVID at the center, the child must be tested 24 hours after exposure. Staff will monitor students to ensure no symptoms are present. If a child is exposed in the home setting, the child will need to be tested 72 hours after exposure. If a child is positive, the child must quarantine 5 days and be tested on the 6th day. A negative antigen test is required for all students to return after exposure or testing positive. If a vaccinated child is exposed, the child will not need to be tested unless the child is showing symptoms. At Home test will be accepted.
- **Medication**: If the medicine is 3 times a day, parents must apply (give) medication to students twice a day and school will apply once. Staff cannot apply (give) if the medicine is 2 times a day, parents must apply (give) medication to students.

**Sick-up Policy - Students must be picked up within 30 minutes of an initial phone call. These are license rules.**

The center reserves the right to exclude any child from the center if there is a concern for the health and safety of the other children in the facility. Should a child be determined to be contagious during the school day, teachers will remove the child from the classroom to protect the health and safety of other children. The sick child will be brought to the Program Director's office and made comfortable until a parent arrives to pick up the child. Universal precautions are followed and mandate that all teachers shall routinely use gloves, eye protection, masks, and gowns as appropriate, whenever a reasonable potential for exposure to bloodborne pathogens exists.

The following policies are state license and health department rules, Kids of Excellence is responsible for complying with these rules to meet license and health department requirements. The center takes training yearly to stay up to date with the rules and regulations, the state and health department requires 50% of staff to have these trainings, however, KOE has 100% staff take and implement these policies.

Signature \_\_\_\_\_

Date \_\_\_\_\_